

CURRICULUM VITAE



1. PERSONAL DETAILS

Name: Zoi Fika
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Nationality: Greek

2. ACADEMIC QUALIFICATIONS

**CERTIFICATE OF COMPLETION OF TRAINING
IN DERMATOLOGY (CCST)** **March 2006**

Aristotle University of Thessaloniki, Greece

DIPLOMA IN MEDICINE,
ARISTOTLE UNIVERSITY, Faculty of Medicine **1992-1998**
Thessaloniki, Greece
(rating "very good" – 8.38/10)

LEEDS UNIVERSITY **August 1996**

Leeds, UK

Electives in Endocrinology at St. James's Hospital, Leeds, UK

AMERICAN COLLEGE OF THESSALONIKI **1984 – 1990**

Thessaloniki, Greece

3. FELLOWSHIP

October 2007

Fellowship in Cosmetic Dermatology

Department of Dermatology and Cutaneous Surgery, Under the direction of
Dr. Leslie Baumann University of Miami, Florida, U.S.A

4. PROFESSIONAL QUALIFICATIONS

Health Authority of Abu Dhabi License(HAAD) , May 2013

Member of the Hellenic Medical Association (Thessaloniki District)

Member of the Hellenic Association of Dermatologists

Certificate of General Medical Council, UK. Full registration as a Medical Practitioner. Registration Number: 4683221. Date issued: 22/2/2000

Member of the British Association of Dermatologists

Member of the British Cosmetic Dermatology Group

Member of the British Medical Laser Association

Member of the Network of Clinical Advisors

5. FURTHER QUALIFICATIONS

6th April 2009	Certificate of Training, FRAXEL procedure
18th December 2008	Certificate of Training, THERMAGE procedure
4th-7th April 2005	Assessment of Basic Proficiency in Dermatological Surgery,Cardiff, U.K
8th June 2003	Diploma in Medical Acupuncture, awarded by the International Council of Medical Acupuncture and Related Techniques (ICMART), Thessaloniki, Greece
2000-2001:	Diploma in Nuclear Medicine awarded by the Greek College of Nuclear Medicine

6. EMPLOYMENT HISTORY

09/2019 - now:

Owner of " Zoe Fika - Dermatologist ". www.zoefika.gr

01/2008- 08/2019:

Private Cosmetic Dermatologist (full-time) , **Anagenesis** . Anagenesis is a Center of Aesthetic & Reconstructive Plastic Surgery and Laser applications. www.anagennisi-sa.gr

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08/2005-01/2008

Private Dermatologist (part-time), **Sk:n clinics** (previous Lasercare), Liverpool, UK.
This is a busy both NHS and private clinic providing services for the population of Merseyside, Cheshire and North Wales.

My clinical practice involved the use of Lasers: vascular lasers such as the KTP laser and the PDL laser, Erbium Nd-Yag for laser resurfacing and removal of moles, Alexandrite laser for hair removal and Q-switched Nd:Yag for the treatment of solar lentigos, melasma and tattoos.I also performed Botox and fillers injections and chemical peels.

24/09/07-28/09/07 (Duration of post: 1 week)

Grade of Post: Staff Grade, Locum
Speciality: Dermatology
Employer: Whiston Hospital, Warrington Road, Prescott,
Merseyside, L355DR

12/06/2006-17/08/2007 (Duration of post: 14 months)

Grade of Post: Staff Grade
Speciality: Dermatology
Employer: Whiston Hospital, Warrington Road, Prescott,
Merseyside, L355DR

31/08/2004- 31/08/2006 (Duration of post: 24 months)

Grade of Post: Senior Clinical Fellow
Speciality: Dermatology
Employer: Glan Clwyd Hospital, Rhyl, Denbighshire,LL185UJ,
Conwy and Denbighshire NHS Trust

29/7/2002-28/7/2004 (Duration of Post in Months: 24 months)

Grade of Post: Senior House Officer
Speciality: Dermatology- Venereology
Employer: 424 Army Military Hospital, Thessaloniki, Greece
Gr. Lampraki 3, P.C: 54621, FAX: 2310208488

21/9/2000-2/6/2002 (Duration of Post in Months: 20 months)

Grade of Post: Senior House Officer
Speciality: Internal Medicine
Employer: Hospital of Infectious Diseases, (Limodon) ,
Thessaloniki, Greece

16/10/1998-18/1/2000 (Duration of Post in Months: 15 months)

Grade of Post: House Officer

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Specialty: Internal Medicine_
Employer: General District Hospital of Kilkis

7. AWARDS

28/4/2001: 1st prize, 16th Northern Greek Medical Congress, for the thesis: Meningococcal infection (of the Central Nervous System) in Greece during 1991-2000”

8. PUBLICATIONS

Primay cutaneous aggressive epidermotropic CD8 positive cytotoxic T-cell Lymphoma of the ear, J Laryngol Otol. 2006 Dec 14;1-3

Fumaric Acid Esters in Psoriasis, British Journal of Dermatology, Vol 15(3): 567-8, Mar 2006

Meningococcal Infection during the 1991-2000 period (Epidemiologic and clinical study). Galenus 2002; 44: 498-507

9. FOREIGN LANGUAGES

- Fluent in English
- Basic understanding of French

10. COMPUTER SKILLS

Familiar with the use of Windows applications and proficient in the use of software, such as Microsoft Word, Excel, PowerPoint and Internet application

11. AUDIT

- 1) Use and Monitoring of Dapsone in Merseyside Region, April 2007-10-11
- 2) Laser Practice in Merseyside Region, July 2007

12. SKILLS AND ATTRIBUTES

- Excellent communication, negotiation and interpersonal skills at all levels
- Ability to co-ordinate multiple tasks and see projects through to conclusion
- Highly organised and analytical with an eye for accuracy and attention to detail
- Enthusiastic, highly motivated, flexible and reliable individual
- Friendly, approachable, outgoing personality and a committed team player

13. INTERESTS AND ACTIVITIES

Sports, travelling, going out and socialising with friends.

14. MEMBERSHIPS

Member of the British Graduate Society (BGS)
Member of Anatolia Alumni Association

15. VOLUNTARY WORK

In 2000 I attended a special seminar organized by the Greek Red Cross for providing psychological support to relatives of patients suffering from ALZHEIMER disease

16. TRAINING COURSES/PROFESSIONAL MEETINGS

Allergan Training Day on Vycross Technology, 17th May 2014, Athens

Allergan Training Day on injection techniques, 28th September 2013, Athens

AMWC 2013, Antiaging Medicine World Congress, 4-6 April 2013,
Monte Carlo

Varioderm, hyaluronic acid filler injection techniques, 24th November
2012, Thessaloniki, Greece

AMWC Training 2013, Advanced Course in Facial Aesthetics, 14-15
September 2012, Moscow, Russia

EDAE Meeting, 7-9 September 2012, Costa Navarino Hotel, Greece

**9th Spring Symposium of the European Academy of
Dermatology & Venereology**, 6-10 June 2012, Verona, Italy

**Allergan Facial Master Class Educational Programme on Facial
Aesthetics**, 19th May 2012, Athens, Greece

AMWC 2012, Antiaging Medicine World Congress, 29-31 March 2012,
Monte Carlo

AMWC 2011, Anti-Aging Medicine World Congress, 24-26 March 2011,
Monte Carlo

Use of Dermal Fillers in Facial Aesthetics, Dermis Deep Limited, 26
February 2011, Manchester, UK

IMCAS 2010, 8-11 January, Paris

Skin medical convention, 3rd May 2007, Birmingham

North of England Dermatological Society Meeting, 17th April 2007, Wirral

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3rd Annual British Cosmetic Dermatology Group Course, 22nd-23rd March 2007, London

Initiation Pratique a la Medecine Esthetique (mesotherapie+implants), 10th December 2006, Paris

Introduction to Photodermatology, Photodynamic Therapy and Laser Therapy Course, 20th-24th November 2006,
The Photobiology Unit, Ninewells Hospital, Dundee

Skin Training Session, Skin Tech Unideep Peel, 1st November 2006,
Newcastle upon Tyne

Dermoscopy UK: Advanced Course, 24th October 2006, London

European Masters in Aesthetic & Anti-aging Medicine (EMAA), 13th-15th October 2006, Paris

GPs with an interest in Dermatology, 3rd October 2006, Chester

86th Annual Meeting of the British Association of Dermatologists,
4th-7th July 2006, Manchester

BTEC Advanced Course: Principles of Laser, Light & Associated Aesthetic Therapies, 16th-20th January 2006, The Laser Training & Education Center, Mapperley Park, Nottingham

14th Annual Congress of the European Academy of Dermatology and Venereology, 12th-16th October 2005, London

Glasgow Dermatopathology Course, University of Glasgow,
19th-23rd September 2005, Glasgow

Basic Life Support Training, 27th May 2005 , Birmingham

7th Annual Birmingham Paediatric Dermatology Course, 23rd-27th May 2005, Birmingham

Phototherapy/ Iontophoresis Study Day, 17th May 2005, Glan Clwyd Hospital, North Wales

Dermascopy Uk: A One-day Course, 28th April 2005, London

Annual Workshop, the British Society of Dermatological Surgery,
4th-7th April 2005, Cardiff

Dermatology Education Day, 27th September 2004, Glan Clwyd Hospital, North Wales

12th Congress of the European Academy of Dermatology and Venereology, 15-18 October 2003, Barcelona, Spain

17. POSTERS-PRESENTATIONS

North of England Dermatological Society Meeting, Clatterbridge Hospital, Wirral, 17th April 2007

Case report: CD30+ anaplastic large cell lymphoma successfully treated with Imiquimod cream

14th Annual Congress of the European Academy of Dermatology and Venereology, London, UK, 12th-16th October 2005

Posters:

- 1) Treatment of Psoriasis with Fumaric Acid Esters-An Experience from a District General Hospital in North Wales (P. 06103)
- 2) Rupoid Psoriasis triggered by Varicella Zoster Infection

Summer Meeting of the Greek Academy of Dermatology and Venereology, 19th June 2004

I presented the following case report:
“Treatment of diabetic foot ulcer with phenytoin”

19th NorthernGreek Medical Congress, Thessaloniki, Greece, 13-15 May,2004

Posters:

- 1) Scabies: Reappearance of an old disease”(P. 156)
- 2) Epidemiology of sexually transmitted diseases in Greek soldiers, 1990-2003”, (P.157)
- 3) Congenital total Leukonychia, case report”, (P. 158)

Spring Meeting of the Greek Academy of Dermatology and Venereology, 3rd April 2004, Thessaloniki, Greece

I presented the following case reports:

“Tinea capitis caused by Microsporum canis in a healthy adult”
“Surgery Treartment for ingrown nail”

12th Congress of the European Academy of Dermatology and Venereology, 15-18 October 2003, Barcelona, Spain

ZOI FIKA

Poster: "GRAHAM LITTLE – PICCARDI- LASSUEUR SYNDROME" (P. 23-23)

8th Congress of the Greek Academy of Dermatology and Venereology, 26-29 June 2003, Thessaloniki, Greece

Free Communications:

"GRAHAM LITTLE – PICCARDI- LASSUEUR SYNDROME" (F.C. 51)

" Periungual tumors: A challenge for diagnosis and treatment" (F.C. 59)

"Erosion of psoriatic plaques: An early sign of methotrexate toxicity"(F.C. 06)

19th Medical Congress of Army Forces, 7-10 November 2002

Posters

"Melanonychia striatae"(P. 882)

Condylomata acuminata on the oral mucosa (P. 883)

Generalisatus Herpes Zoster: a manifestation of Immunosuppression(P. 884)

Paraphimosis (P.885)

12th European Congress of Clinical Microbiology and Infectious Diseases, Milan, Italy, 21-24 April 2002

Poster: "Cerebrospinal fluid ferritin: a new diagnostic tool in Central Nervous System infections?"(P. 1557)

28th Greek Medical Congress, 21-25 May 2002, Athens, Greece

Free Communications: "Acute Hepatitis from TEUCRIUM POLIUM L- analysis of 2 cases"

16th NorthernGreek Medical congress, Thessaloniki, Greece, 26-28 April 2001

"Meningococcal infection in Greece during 1991-2000"